# Career Coaching by Ferdaous Lahrichi



### CONSULTING

## About me

### Ferdaous, your dedicated coach!

- HR & Talent Acquisition Professional since 2014
- Guided 1000's of candidates in Belgium & EMEA
- Certifications
  - Fedegon Belgian Social Law
  - PAPI 3 Personality Assessment
  - Change Management PROSCI
  - Inclusion & Diversity
- Currently HR consultant for large companies, coach and social entrepreneure





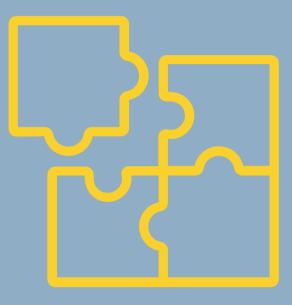
# Key Principles



- Kindness
- Vulnerability
- Your rythm



- 2-ways continuous
  Feedback
- Confidentiality
- Your safe place



### • Holistic approach

- Toolbox Exploration
- Your definition of success

# Methodology

#### STEP 1 : Intake (30')

- Your current situation
- Your expectations and timing
- Online Assessment

#### STEP 3: Defining you success(up to 2 sessions)

- Intermediary Feedback
- Objectives setting

#### STEP 2 : Background (up to 2 sessions)

 Professional & education background

#### STEP 4 : Career Coaching (up to 5 sessions)

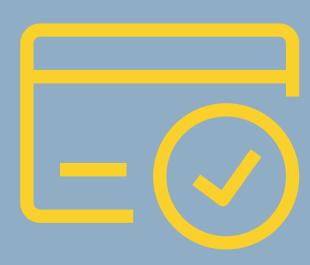
- New paths exploration
- Orientation (training, social law, ...)
- Job search & interview coaching

## Practical Informations



- Online & face-to-face sessions
- 1 session = +/- 45 minutes
- Online session = alone + camera (if accessible to you)

- Your own rythm (suggestion : every 10 to 15 days)
- Cancellation or postponing = min. 48H in advance, otherwise the session is due



- 1 session = 60€
- Only QR Code, Online Payment or Invoice
- Packages are possible upon request





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